Job Description
Locum Appointment for Service (General Medicine)

Introduction
This post will be based at the Gilbert Bain Hospital in Lerwick, Shetland. The post of one of 6 junior doctor posts working within the medical unit.

Gilbert Bain Hospital
The Gilbert Bain Hospital, Lerwick, Shetland ZE1 0TB, is the only acute general hospital in Shetland and it serves both the population of approximately 23,000 within the Shetland Health Board area and the 4000 offshore workers in the fishing and oil industries. The hospital is a 3-storey building, opened in 1961, with an extension opened in 1991 and a modern Outpatient department completed in 2008.

The bed complement is:
- Ward 1: Surgical in-patients - 22
- Day Surgery: Surgical in-patients - 5
- Ward 3: Medical - 22
- Maternity: - 6

Ward 3
The medical unit is based on Ward 3 a recently refurbished 22 bedded medical ward with adjoining consultant and medical secretarial offices. The ward environment is mixed sex and consists of four single sex bays, four side rooms and a two bedded area that can be adapted to manage higher dependency or bariatric patients. Nursing staff are flexible and expected to help manage the genuinely unselected admissions on the unit.

The Accident and Emergency Department serves not only the islands but also acts as a front-line station for personnel on marine vessels and offshore installations. A full range of medical, surgical, obstetric, paediatric and psychiatric conditions are treated, from minor injuries to major trauma requiring resuscitation, stabilisation and aero-medical evacuation to mainland Scotland. It is permanently staffed and has two fully equipped resuscitation bays, a plaster room and three individual cubicles. Medical cover is provided in-hours by a dedicated surgical junior doctor and junior medical staff, with support from a number of Nurse Practitioners. At night cover is provided by a junior doctor with medical, surgical and anaesthetic consultants available from home.

Ward 1 is a mixed-sex ward with 4 single sex bays, two side-rooms and a two-bedded High Dependency Unit. The surgical consultants share the 22 beds as needs dictate. Staffing levels are appreciably higher than on equivalent mainland wards and allow a thorough and patient-centred approach to surgical nursing.
The **Day Surgery Unit** provides five day-case beds staffed by dedicated Day Surgery nurses. Under anaesthetic direction, nurse clerking for elective patients has been successfully piloted and is being introduced throughout the different surgical specialities, allowing junior staff to concentrate on direct surgical intervention.

The **Theatre Suite** was completed seven years ago and is spacious, modern and well equipped. It includes two large operating theatres with adjoining anaesthetic rooms, a four-bay Recovery Unit, communal rest-room facilities for nursing and medical staff. There is an extensive up-to-date range of surgical equipment including endoscopic and laparoscopic systems that enable the surgeon to undertake most elective and emergency procedures.

The **Outpatient Department** is compact and friendly – a Band 7 staff nurse heads a nursing support team with extensive experience and extended skills. A ‘one stop’ surgical and pre-assessment clinic is established along with specialist nurse (MS, cardiology, stroke and diabetes), dietetic and substance misuse clinics. Currently there are consultant led commitments in General Medicine, diabetes, thyroid disease/endocrinology, hypertension, rapid access chest pain, nephrology and rheumatology. Visiting specialist services provide expert support and there are established tele-neurology and video-conference ENT/nasendoscopy services.

**Support Services** are in line with those expected of a District General Hospital. These include a full range of laboratory and radiological services, including diagnostic ultrasound, and a physiotherapy and occupational therapy department. A number of invasive radiological investigations are performed locally on a regular basis under the supervision of a visiting radiologist, and the radiology department has procured digital CR/PACS which allows viewing of an electronic image anywhere in the hospital. Images are sent digitally to NHS Grampian for reporting. A CT scanner is available.

**Five doctors working at Junior levels to provide medical support.** Currently this consists of two general practice trainees, one FY2 and two Core Medical Training. In addition there is one FY1 attached to the medical ward. Four Consultant Physicians provide comprehensive medical services.

**The hospital medical staff complement** is currently:

### General Medicine
- **Consultant 1:** Dr Jim Unsworth FRCP (Lond)
- **Consultant 2:** Dr Pauline Wilson MRCP
- **Consultant 3:** Dr Petr Tuma
- **Consultant 4:** Dr David Fryer
- **Trainees:** 5 Trainees and 1 FY1

### Surgery and A&E
- **Consultant 1:** Mr Gordon McFarlane ChM, FRCS
- **Consultant 2:** Mr Piotr Mikolajczak
- **Consultant 3:** Ms Beatrix Weber
- **Specialty Doctor:** Mr Kushik Lalla
Trainees: 1 FY2, 3GP Trainees

Anaesthesia
Consultant 1: Dr Catriona Barr FRCA
Consultant 2: Dr Brodyn Poulton FRCA
Consultant 3: Dr Jacek Swierczewski
Consultant 4: Dr Dorota Swierczewski

In addition there are the following senior medical staff who are based in nearby premises:

Dr Susan Laidlaw  Consultant in Public Health Medicine (Part Time)
Dr Martin Scholtz  Consultant Psychiatrist

Management Structure
NHS Shetland is a unified Island Board and the Board is responsible for both primary and secondary care services and is accountable directly to the Scottish Executive.

Medical department workload
The department provides a comprehensive service for the residents of Shetland, visitors and people working off shore. The remote nature of Shetland means that immediate resuscitation and stabilisation of a full range of emergency conditions is required. Transfer of patients to specialist services can be via ferry, scheduled flight, air ambulance, MOD helicopter and both paediatric and adult retrieval teams, depending on the circumstances and severity of the illness.

Specialist services in Clinical Genetics, Paediatrics, Child Health, ENT, Ophthalmic, Orthopaedic, Plastic, Gynaecological, Maxillofacial surgery and renal medicine are sustained by visiting consultants. There is a good working relationship between the department and colleagues at Aberdeen Royal Infirmary, run both on informal and formal clinical network lines and where appropriate this allows the local clinician to have a significant input into the management of patients traditionally managed in tertiary centres or much larger DGHs.

Theatre is currently staffed for nine sessions per week: together with outpatient surgical clinics and a fracture clinic this comprises the bulk of the weekly work. In 2010 there were 965 medical in-patient admissions and 459 day cases. In addition 3153 people attended A&E with a medical problem, the peak attendance being during the summer months.

Main Duties and Responsibilities

Clinical Duties:
The successful candidate will be expected to make a full contribution to the role of the Medical Unit and its associated areas of work, including supervision of more junior staff, participation in ward rounds, emergency medical receiving, and teaching of medical students. He/she will be encouraged to take an active part in all the educational meetings of the unit.
Day-time duties entail the day-to-day management of patients and assistance at out-patient clinics. The on-call commitment and includes evening, periodic night and weekend cover.

The post holder will be expected to participate in the hospital at night rota.

Activities will include:
- Participation in receiving shifts
- Participation in post-receiving ward round
- Continuing care of patients in "step down" wards and decanted patients
- Communication with relatives
- Discharge planning with multidisciplinary team
- Associated administration and correspondence

**Audit Opportunities** - An important aspect of all levels of training is to take part in, and initiate clinical audit projects. It is expected that throughout all the attachments the trainee will participate in unit audit and educational meetings.

**Hours of Work** - In line with the nationally agreed hours limits for junior medical staff the following has been agreed for junior doctors working within NHS Shetland:

**NHS Shetland** - The maximum contracted hours will be no more onerous than an average of 48 hours per week. The appointment is offered on the basis outlined above.

**Cover for Colleagues** - The allocation of a Banding is prospective and therefore includes an allowance for cover for colleagues on annual and study leave. The pay banding for the post will reflect the working pattern in operation from your first day of taking up appointment. This will be advised to you on offer of appointment, after interview.

**Emergency Duties**

Junior medical staff will also be required to perform duties in occasional emergencies and unforeseen circumstances and at the request of the appropriate consultant, in consultation where practicable with colleagues, both senior and junior.

It has been agreed between the professions and the Department that while junior medical staff accept that they will perform such duties, it is stressed that additional commitments arising under the sub-section are exceptional and, in particular, that juniors should not be required to undertake work of this kind for prolonged periods or on a regular basis.

**Other Information**

1. Proof of identity and evidence of entitlement to live and work in the United Kingdom must be supplied.

2. The appointment is made subject to satisfactory fitness for employment. The successful candidate will therefore be required to complete a pre-employment health screening
questionnaire and may subsequently be required to attend for health screening. The post is exposure prone and evidence of immunity to Hepatitis ‘B’ is required.

3. Smoking is not permitted on any Board premises, with the exception of patients detained under the Mental Health Act.

4. All information regarding patients, staff personal information that employees may learn in the course of their duties must be treated as confidential. Unauthorised disclosure may lead to disciplinary action.

5. This job description serves to indicate the range of duties of the post but is not exhaustive.
Terms and Conditions of Service

The post of Locum Appointment for Service in General (Internal) Medicine is covered by the Terms and Conditions of Service for Hospital Medical and Dental Staff and the General Whitley Council. It is a whole-time appointment and will be located at the Gilbert Bain Hospital, Lerwick, Shetland.

1. The appointment will be held by a registered medical practitioner and is designed to give opportunities in General (Internal) Medicine.

2. The inclusive salary is within the scale £31,220 - £41,305 per annum pro rata. Placing on the scale will be in accordance with previous service and experience. In addition to salary, all posts qualify for a Distant Islands Allowance of £1,738 per annum (pro rata for part-time and fixed term positions).

3. This post is eligible for relocation expenses and benefits in accordance with the Board’s Relocation Procedures. There is a maximum of £1333 related to any relocation package (pro rata package of up to £333 per month if appointment is for less than 4 months).

4. The appointment will be superannuable if the person appointed so chooses. He or she will be subject to the regulations of the National Health Service Superannuation Scheme and the remuneration will be subject to deduction of contributions accordingly, unless he or she opts out of the Scheme.

5. Conditions of appointment as to leave, travelling and subsistence allowances etc will be in conformity with the Terms and Conditions as laid down for Hospital Medical and Dental Staff under the National Health Service (Scotland) Act.

6. The appointment will be terminable on one months' notice on either side.
Person Specification

**Job Title:** Locum Appointment for Service (General Medicine)

**Department:** Medical

**Location:** Gilbert Bain Hospital

<table>
<thead>
<tr>
<th>Factor</th>
<th>Essential</th>
<th>Desirable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Experience</td>
<td>Evidence of experience in a range of medical specialities</td>
<td></td>
</tr>
<tr>
<td>Qualifications Training</td>
<td>General Medical Council registration with a current licence to practice</td>
<td></td>
</tr>
<tr>
<td>Research Publications</td>
<td>Evidence of completion of Foundation Training</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Evidence of competence in management of medical emergencies and in-patients</td>
<td></td>
</tr>
<tr>
<td></td>
<td>through continuous work-based assessments and portfolio evidence</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Current ALS certification or equivalent</td>
<td></td>
</tr>
<tr>
<td>Knowledge and Skills</td>
<td>Awareness of the basics of managing acute medical conditions including</td>
<td></td>
</tr>
<tr>
<td></td>
<td>emergencies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Appropriate knowledge base and ability to apply sound clinical judgement to</td>
<td></td>
</tr>
<tr>
<td></td>
<td>problems</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Good verbal and written communication skills</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Evidence of competence to work without direct supervision where appropriate</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>Eligible to work in the UK</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Proof of Immunity against Hepatitis B</td>
<td></td>
</tr>
</tbody>
</table>
For more information and to apply:

**Internal Applicants:** if you are currently working for NHS Shetland (including Bank Members) you must apply via the e:ESS website link:  
[https://www.jobs.nhsscotland.com/OA_HTML/AppsLocalLogin.jsp](https://www.jobs.nhsscotland.com/OA_HTML/AppsLocalLogin.jsp)  
For details of your e:ESS login for the above link please contact Laura Pottinger on 01595 743031 or email shet-hb.eesshelpdesk@nhs.net

**External Applicants:** ie if you are NOT currently an NHS Shetland employee or registered on our Bank, you must apply via the following e:ESS website link:-  
[https://www.jobs.nhsscotland.com](https://www.jobs.nhsscotland.com)

If you require assistance or encounter any technical issues with your application, please e-mail support at nss.eess@nhs.net including the vacancy reference number and “NHS Shetland” in the subject line.

Informal enquiries should be addressed to Dr Pauline Wilson (Consultant Physician) or Dr Jim Unsworth (Consultant Physician) or Dr David Fryer (Consultant Physician) at the Gilbert Bain Hospital: He can be contacted via the hospital switchboard on 01595 743000 or via email on paulinewilson@nhs.net or jim.unsworth@nhs.net or davidfryer1@nhs.net

More information about living and working in Shetland (including transport links to mainland Scotland) can be found on the Visit Shetland website on [www.shetland.org](http://www.shetland.org)

Thank you for your interest. The Board hope that you will agree with them that the challenges and rewards of this position and life and work in Shetland are worth exploring further and we look forward to receiving your application.